



Newsletter  
May, 2011

#### PRESIDENT'S MESSAGE

Dear Members,

As we begin another wonderful season at the Club, I would like to take a moment to say, “thank you” to all members who have helped make this season possible. We have made many changes in hopes of attracting new members, while offering our current members a higher level of service and value. These changes would not have been possible without the tireless hard work of the Board and many other volunteers.

The Club is so much more than ten tennis courts and a swimming pool. It is a maker of summertime memories! It is a place where we gather with our friends to enjoy a competitive game of tennis or a relaxing afternoon by the pool. It is a place where many of our children first learned to swim and play tennis, all while making good friends and even better memories. It is a place where long-time bets have been made and collected on the courts.

In this day and age, where we live with computers and blackberries and we have jam-packed schedules, the Club offers us a chance to go back to summers once spent—back to the carefree days of childhood when sharing a moment with a friend or roasting marshmallows by the fire was what the day held. I have chosen to be a part of this Club and serve as your President so that our families can experience the wonders of having a place filled with friends and a chance to make a new adventure, every day.

I hope that the summer of 2011 at the Glens Falls Tennis and Swim Club offers each and every one of you wonderful moments that will become a part of your everlasting memories.

Best to you all,

*Casey Congel*  
President

## TENNIS NEWS

The nets are up and the courts are in great shape! This summer looks to be great. We would like to introduce our new Tennis Director, George Muller. George is an experienced PTR tennis professional who has spent the last few years teaching at the Saratoga YMCA and Saratoga Continuing Education programs. George lives in Wilton with his wife and children. George is excited to take on the role of Tennis Director where he will oversee all of the tennis programming, teach adult and kids lessons, teach clinics, doubles strategy sessions, and teach semi and private lessons. Since the GFTSC has gone virtual this year, remember to check the webpage, Facebook and the tennis board at the club for Tennis News. George will organize Tuesday Night Mixed Doubles, Inter-Clubs for men and women, USTA tournaments and tennis fun. **MEN AND WOMEN'S LADDERS AVAILABLE AT [www.globaltennisnetwork.com](http://www.globaltennisnetwork.com).**

### **Lessons:**

Private lessons will be \$50 per hour, \$30 per ½ hour.

Tennis clinics and doubles strategy sessions will be \$15 per person for 1 1/2hours.

As you can see, we have kept prices affordable to offer value to our members.

**\*\*\*All new members will receive a free 1 hour tennis lesson from George Muller!**

### Kids Lessons

#### 5 Week Sessions

Session 1: Starts June 26

Session 2: Starts August 1

All sessions meet 2 days per week. Tuesdays and Thursdays

9:00-10:00am 8-10 Years Old -	\$65.00 (\$170.00 for non-members)
10:00-10:30am 4-6 Years Old -	\$50.00 (\$110.00 for non-members)
10:30-11:15am 6-7 Years Old -	\$60.00 (\$140.00 for non-members)
12:00- 1:00pm 11-14 Years Old -	\$65.00 (\$200.00 for non-members)

The club will be hosting the Stu Stearns Memorial Tournament July 23-24 and the Kathryn O'Keefe Memorial in August. We will be looking for volunteers to assist with the tournaments. These are fundraisers for the club.

For information regarding lessons and/or tournaments email George Muller [tenniswarrior61@yahoo.com](mailto:tenniswarrior61@yahoo.com) or call 944-7783/ 584-5368

See You on the Courts,  
Tennis Committee

TAKE ADVANTAGE OF THESE GREAT PROGRAMS!!

**Glens Falls Tennis and Swim club offers one of the first complete USTA “QuickStart” tennis programs in the Glens Falls Region. The “QuickStart” program develops young tennis players using smaller nets, racquets and low compression tennis balls.**

**QuickStart Tennis I – (3.5 – 5 years old)**

Group lessons for 3.5- 5 year olds that offer a combination of fun with tennis fundamentals. Emphasis will be placed on age- appropriate general motor skill development and enhancing student athleticism through group activities and simple tennis activities. Movement, coordination, agility, catching and throwing activities will be introduced. *QST I* is played on 36 ft courts using red low compression balls. Using the correct racquet length will enhance the student's success rate. A 19 inch racquet is appropriate for this class.\*

**QuickStart Tennis II - (6- 7 years old)**

Group Lessons for 6-7 year olds that offer a combination of fun with basic tennis strokes development, including rallying, simple drills and fun games. Emphasis will be placed on age - appropriate general motor skills development and enhancing student athleticism. Instruction will include ground stroke, serve, return of serve and net play. This class helps prepare the student with the fundamentals needed to eventually move onto the next appropriate court size (60 ft). *QST II* is played on 36 ft courts using red low compression balls. Using the correct racquet length will enhance the student's success rate. A 19, 21, or 23 inch racquet is appropriate for this class.\*

**QuickStart Tennis III – (8-10 years old)**

Group lessons for 8 – 10 year olds that offer a combination of fun with continued tennis stroke development, including rallying with stroke and movement drills that simulate match play. A continued emphasis will be placed on developing motor skill and enhancing the student's athleticism. Instruction will include ground strokes, serve, return of serve and net play. Players will develop some tactical skills as well as greater ball placement and consistency skills. *QST III* is played on 60 ft courts using orange transition tennis balls. Using the correct racquet length will enhance the student's success rate. A 23 or 25inch racquet is appropriate for this class.\*

**Junior Development Program: - Tennis Fundamentals I - 1 hour class - (11- 16 years old)**

This group lesson is designed for players 11- 16 years old desiring to learn the basics of tennis and improve their tennis skills so that they will be able to rally and play with their friends. Players will learn how to hit ground strokes, serve, return service and net play. Players will develop some tactical skills as well as greater ball placement and consistency skills. Played on a full 78 foot court using yellow fuzzy balls and when appropriate using the green transition balls. Players use a 27 inch racquet (adult).\*

DON'T FORGET THE ANNUAL “SPLASH” EVENT!!!!!!

Where: Canoe Island Lodge

When: Thursday, June 16<sup>th</sup> @ 6:00

Cost: \$25.00 per person

RSVP in advance by mailing a check made out to "GFTSC" to Sheila Goss Duerr, 22 Coolidge Avenue, Glens Falls, NY 12801; or by emailing Sheila at [sheilag33@msn.com](mailto:sheilag33@msn.com). Payment at the door is acceptable for those emailing their reservation.

**\*POOL WILL BE OPENED DAILY STARTING JUNE 23<sup>rd</sup>!!**

Hours: M-F 12:00-7:00

Sat & Sun 12:00-6:00

\*opened weekends only prior to June 23<sup>rd</sup>

Memorial Day Weekend: Sat., Sun. & Mon. 1:00-5:00

**MARK YOUR CALENDARS FOR FREE GUEST DAY!!**

On Friday, June 24<sup>th</sup>, the Club will be hosting a Free Guest Day! Bring a friend, or two! There will be more "Free Guest" days to come throughout the summer, so be sure to visit our website to check for the additional dates!

**SNACK BAR RETURNS TO GFTSC**

We are thrilled to announce that Scott Parker will again be providing snack bar services to the Club. He always comes through with tasty lunch items, ice cream and drinks! Check the website for his hours of operation.

**A SPECIAL THANK YOU FOR THOSE WHO HELPED WITH CLEAN-UP!**

For those who came to one of the several "clean-up" days, please accept our sincerest thanks! For those of you who could not make it, you can still contribute by adopting an area of the club to beautify. In particular, the area just inside the pool gates could certainly use a few annuals, as can some of the other planters that remain empty. Just come in and start digging! Contact Nancy Citro with any questions.

**KID'S ACTIVITIES**

In addition to the "quick start" tennis programs, swimming lessons and Kid's Triathlon, we are continuing this year with craft/activity hour each Wednesday at 1:00 pm., starting in July. We need volunteers to sign up to man and supply these events. Last year, we planted plants, made tie-dyed t-shirts and did lots of other fun things. The kids loved it! If you have an idea, or would like to help, there will be a sign-up in the clubhouse.

**SWIMMING LESSONS/KIDS TRIATHALON**

We are thrilled that Kevin Crossman ([kevin@t3coaching.net](mailto:kevin@t3coaching.net)) will be back, training his little munchkins to do the Kid's Triathlon! This is an unbelievable event for kids and teaches the basics of a triathlon, (scaled down, of course), sportsmanship and is A LOT of fun. Check the website for schedule and prices. This is open to all members and non-members as well. Swimming lessons will start July 5<sup>th</sup>. There will be 2 three-week sessions. Sign-up will be in the Clubhouse.

**BIRTHDAY PARTIES, FAMILY PARTIES AND MORE!!!!**

Do you have a friend or family member who needs a rockin' place to hold a summer party? Well, the Club is now offering our pool and clubhouse facilities to non-members for parties. Contact Leah Toomey for more information.

#### BOARD MEMBERS AND OFFICERS

Casey Congel, President – [ccongel03@gmail.com](mailto:ccongel03@gmail.com)  
Jim Fox, Vice President – [foxyfamily4@yahoo.com](mailto:foxyfamily4@yahoo.com)  
Bob Riciardelli, Treasurer – [bariciardelli@wdrcpa.com](mailto:bariciardelli@wdrcpa.com)  
Nancy Citro, Secretary – [nambc24@hotmail.com](mailto:nambc24@hotmail.com)  
Greg Boyle – [gboyle@nycap.rr.com](mailto:gboyle@nycap.rr.com)  
Linda Carr, Tennis Committee co-chair – [thebigtennismama@hotmail.com](mailto:thebigtennismama@hotmail.com)  
Jen Dugall, Pool Committee chair – [jdugall@aol.com](mailto:jdugall@aol.com)  
Warren Dunham – [warrend8@yahoo.com](mailto:warrend8@yahoo.com)  
Leah Toomey, Second Vice President- [toomey434@yahoo.net](mailto:toomey434@yahoo.net)  
Christine Ratto, Tennis Committee co-chair – [christineratto@yahoo.com](mailto:christineratto@yahoo.com)  
Sheila Goss Duerr, Membership Committee chair – [sheilag33@msn.com](mailto:sheilag33@msn.com)

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